## 2019 Elevate Birmingham North Hall 2 Meet Schedule (Mod Cap Cup)

Mar 8-10, 2019

Friday, March 8, 2019 Level 6					ete 8:30 AM ards 12:30 PM	
Flight A (37 gymnasts)			Intro 8:20 AM Awards 12:30 PM ———— Flight B (36 gymnasts) ————			
Gym	Level	# Gymnasts	Gym	Level	#Gymnasts	
Bama Bounders	6	3	ARK WinGS	6	4	
Bay City	6	3	Auburn Gymnastics	6	9	
Cobb Challengers	6	5	First City	6	6	
Prattville YMCA	6	6	Paragon, VA	6	7	
Shining Light TN	6	7	US Gold	6	, 10	
Tennessee Elite	6	6	03 0010	0	10	
Xtreme Auburn	6	7				
Friday, March 8, 2019 Level 6		Session: C2 ¢ Gymnasts 75	Stretch 12:30 PM Intro 12:50 PM		oete 1:00 PM ards 4:40 PM	
Gym	Level	# Gymnasts	Gym	Level	#Gymnasts	
Airborne Gymnastics	6	2	Alabama Elite	6	3	
Elmwood Gymnastics	6	7	Gymnastics Plus LA	6	2	
Excel Gymnastics	6	6	Huntsville	6	12	
Gymsations	6	7	North Alabama	6	4	
Legacy Gymnastics	6	2	Summit	6	13	
Premier	6	10	T N T Tumblers	6	3	
Xtreme Troy	6	4				
Saturday, March 9, 2019		Session: C3	Stretch 8:00 AM		oete 8:30 AM	
Level 6/7	#Gymnasts 80		Intro 8:20 AM Awards 1			
	) gymnasts)	·		0 gymnasts)		
Gym	Level	#Gymnasts	Gym	Level	#Gymnasts	
Auburn Gymnastics	7	2	Calvin Twisters	6	9	
Bengal Gymnastics	7	8	Charleston Twisters	6	3	
Bowdon Gymnastics	6	1	Charleston Twisters	7	7	
Dahlonega Gymnastics	6	2	Emerge	7	1	
Dahlonega Gymnastics	7	1	Gymnastics Unlimited	6	2	
Elite Energy	6	2	Gymnastics Unlimited	7	3	
Elmwood Gymnastics	7	15	Mountain Brook	6	2	
Emerald City	6	7	Planet AL	6	2	
First City	7	1	Planet AL	7	7	
T N T Tumblers	7	1	Premier	7	1	
			Summit	7	3	

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Saturday, March 9, 2019	Session: C4 #Gymnasts 74		Stretch 12:10 PM	W/U Com	pete 12:40 PM	
Level 7			Intro 12:30 PM	Awards 4:20 PM		
Gym	Level	#Gymnasts	Gym	Level	#Gymnasts	
ARK WinGS	7	1	Alabama Elite	7	1	
Bay City	7	2	Calvin Twisters	7	7	
Bowdon Gymnastics	7	1	Cobb Challengers	7	3	
Gymnastics Plus LA	7	2	Cullman Gymnastics	7	2	
Mountain Brook	7	4	Elite Energy	7	5	
Mpact Sports	7	1	Excel Gymnastics	7	5	
North Alabama	7	6	Huntsville	7	5	
Prattville YMCA	7	2	Level Up Gymnastics	7	4	
The Matrix Gym	7	4	Paragon, VA	7	5	
Tift Gymnastics	6	1				
Tift Gymnastics	7	6				
US Gold	7	7				

Sunday, March 10, 2019 Xcel Silver	Session: C5 #Gymnasts 73			Stretch 9:00 AM Intro 9:20 AM	W/UCompete 9:30 AM Awards 11:15 AM		
Gym	Level	# Gymnasts		Gym	Level	#Gymnasts	
Alabama Starz	XS	6		Auburn Gymnastics	XS	3	
Calvin Twisters	XS	4		Bay City	XS	5	
Excel Gymnastics	XS	6		Cobb Challengers	XS	5	
Gymnastics Unlimited	XS	6		Cullman Gymnastics	XS	9	
Huntsville	XS	3		Excel Gymnastics	XS	6	
Mountain Brook	XS	7		Greenville	XS	1	
The Matrix Gym	XS	5		Mountain Brook	XS	7	
Sunday, March 10, 2019		Session: C6		Stretch 11:15 AM	W/U Com	pete 11:45 AM	
Xcel Silver	7	∉Gymnasts 67		Intro 11:35 AM	Awa	ards 1:20 PM	
Gym	Level	, #Gymnasts		Gym	Level	#Gymnasts	
Bowdon Gymnastics	XS	2		Legacy Gymnastics	XS	7	
Legacy Gymnastics	XS	8		NSG Saltos	XS	7	
NSG Saltos	XS	7		Premier	XS	10	
Premier	XS	10		US Gold	XS	8	
US Gold	XS	8					

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Sunday, March 10, 2019	Session: C7 #Gymnasts 81		Stretch 1:20 PM		pete 1:50 PM	
Level 2/3			Intro 1:40 PM	Awards 4:35 PM		
Gym	Level	#Gymnasts	Gym	Level	#Gymnasts	
Auburn Gymnastics	2	5	Emerald City	2	8	
Auburn Gymnastics	3	4	First City	3	16	
Mpact Sports	2	7	Gymnastics Unlimited	3	9	
Mpact Sports	3	1	Summit	3	7	
Paragon, VA	3	6				
Shining Light TN	2	10				
Shining Light TN	3	8				